

CAPACITY DEVELOPMENT AND SKILL ENHANCEMENT ACTIVITIES

2020-2021

Soft Skills

- V-Podcast

Language & Communication Skills

- French Language Course
- Trinity London English Course
- IELTS
- Spoken English
- German

Life Skills

- National Webinar on "Role of Yoga during Covid-19 Pandemic"
- Webinar on Prospects of Psychology
- Essential Life Skills for Successful Youth
- Interpersonal Relationship and Well Being
- Effective Stress Management
- Covid-19 Pandemic and Emotional Well Being of Youth
- Higher Studies and Interview Skills- Orientation for Commerce Students
- Higher Studies and Interview Skills- Orientation for Science Students

- Higher Studies and Interview Skills- Orientation for Arts Students
- How to Crack Civil Service Exam
- Motivational Talk and Interactive Session with Susree IPS
- Certificate Course in Healthy Living
- Webinar on introduction to sexuality education
- Lecture Series on Understanding Societies through multiple lens
- Fit India Movement (physical fitness)
- Self- Defence Training in Martial Arts
- COFE

Awareness in Trends in New Technology

- G Basic Course
- Orientation on Artificial Intelligence
- Introduction to SPSS
- Malayalam Computing
- Hindi for Communication and Computing
- Application of SPSS in Social Science Research
- Mastering the Art of Digital Learning & Cyber Ethics

2019-2020

Soft Skills

- How to face an interview?
- Employability Skill
- Motivational Talk for Students with special needs
- Attitudes and Behaviours
- Self Development skills

Language & Communication Skills

- Additional Skill Acquisition Programme
- Trinity GESE Certificate Examination Training
- French (VEGFR)

Life Skills

- Healthy Living
- Wellness
- V-Fit
- College Fitness Education Programme

Awareness in Trends in New Technology

- G basic course
- Workshop on SPSS
- Hindi for Communication and Computing

- Workshop on “Data Analysis using SPSS”
- Basic Training in ‘R’ Programming

2018-2019

Soft Skills

- Soft Skills for Excellence
- Leadership
- Survival of the Smartest

Language & Communication Skills

- ASAP

Life Skills

- Career Guidance Class
- Awareness Class
- Career Orientation
- Employability Skill Enhancement Program
- Gearing up for success in career and life’
- Certificate Course in Home Making
- Wellness Programme
- A session on Yoga

Awareness in Trends in New Technology

- Introduction to Python

- Current Trends in Information Technology
- GST and related softwares
- Workshop on Data Analysis
- Web development

2017-2018

Soft Skills

- Awareness of Mental Health
- Being Bold and Beautiful: Respecting Yourself and Building Confidence.

Language & Communication Skills

- Certificate Course in German
- Cambridge English: Business Certificate
- ASAP Regular (VEGASAPREG) APTIS Test

Life Skills

- Career Guidance Class
- Seminar on Career Development
- Home Making
- Wellness Programme
- Awareness Class on Sustainable menstrual Hygiene
- Awareness class on reproduction

Awareness in Trends in New Technology

- Microsoft Office Specialist Programme
- Workshop on Data Extraction

2016-2017

Soft Skills

- One Day Talk on Decoding EQ
- One Day Talk on Self Management
- Workshop on Motivation and Self development
- Interactive Session on “Comfort Zone Challenges”

Language & Communication Skills

- Cambridge English: Business Certificate
- French Language Course
- Certificate Course in German
- ASAP Regular (VEGASAPREG) APTIS Test

Life Skills

- Wellness Programme
- Home Making
- Workshop on Women Health issues and challenges
- Workshop on Life Skill Training
- Three Day Workshop on Resume Preparation, GD, Mock Tests and Mock Interview

- Character Building and Life Skill
- Interactive Session on “Women: Diet and Nutrition”
- Interactive Session on Obesity
- Awareness Class on Breast Cancer Detection
- Training Programme on Self Defensive Techniques

Awareness in Trends in New Technology

- Microsoft Office Specialist Programme